



Parent & Community Info Series

The Boys and Club of Fort Saskatchewan, in partnership with various community agencies, is pleased to present several no cost workshops for parents/caregivers and community members.

Understanding and Managing your Childs Anger

Thursday January 26th ~ 6:30pm—8:30pm

We invite parents/ caregivers of children 6yrs and older to gain a better understanding of the feeling anger. Learn effective strategies to support children in managing their anger. Create an action plan and receive take home tools and resources to use in everyday life.

The Five Love Languages

Wednesday February 22nd ~ 6:30pm - 8:30pm

Explore the different styles of how we communicate love to our partners and children. You will be introduced to the book “The 5 Love Languages of Children” written by Gary Chapman. Through the use of the 5 languages, parent/families will notice the improvement of children’s behavior and strengthen the bonds within the family.

Parenting in Blended Families

Saturday March 18th 2017 ~ 10:00am - 1:00pm

Join The Family Centre in developing strategies for a more positive co-parenting experience. Learn about the roles of the natural and step parents as well as your child’s response to breakups prior to current in home relationships. Practice skills to communicate with co parents, manage conflict and solve everyday problems.

Budgeting for Success: An Introduction to Basic Budgeting

Wednesday April 19th 2017 ~ 6:30pm - 8:00-pm

Join the United Way for tips that will help you reach your financial goals and ideas to help you adjust your spending. This session is great for teens, young adults and parents looking for more ways to save and stretch their income. This session is also of value to adults looking to revamp their budget for the coming year.

Introduction to RESP’s

Thursday April 20th 2017 ~ 6:30pm - 8:00pm

Join the United Way to learn all about Registered Education Savings Plans. You will learn about how RESP’s work and about the new government grants involved with RESP’s. You will also receive information about the free money every child gets in their RESP’s. This session is great for parents/guardians of children of any age who are seeking more information about saving for their child’s education after high school.

For more information or to register please call **Heather @ 780-992-0103**
or email:saskco2@telus.net.

* Childcare provided. Please inquire at time of registration